Group Carbon Reduction Plan

Publication date: May 2025

Commitment to achieving Net Zero

Better Health Group is committed to achieving Net Zero emissions by 2040.

Baseline Emissions Footprint

Baseline Year: FY2024

Additional Details: This is the organisation's first formal emissions baseline, based on estimates for a shared office in a Victorian building with gas central heating and shared utility bills. The company already deploys extensive hybrid working, with average <1.5 office days per week across the group.

EMISSIONS	TOTAL (tCO2e)
Scope 1	0.0
Scope 2	14.7
Scope 3 (Included Sources)	3.3

Total Emissions: 18.0 tCO2e

Current Emissions Reporting

Reporting Year: FY2024

EMISSIONS	TOTAL (tCO2e)
Scope 1	0.0
Scope 2	14.7
Scope 3 (Included Sources)	3.3

Total Emissions: 18.0 tCO2e

Emissions Reduction Targets

In order to achieve Net Zero by 2040, Better Health Group has adopted the following carbon reduction targets:

2028-32 – Reduce emissions by 20%

2032-34 – Reduce emissions by 20%

2034-36 – Reduce emissions by 20%

2036-40 – Reduce emissions by 20%

- Net Zero by 2040

Carbon Reduction Projects

Completed Initiatives:

- Shift to hybrid working to reduce commuting.
- Minimised business travel.
- Centralised office footprint in a shared site to reduce space and energy consumption.

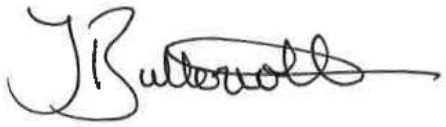
Future Measures Planned:

- Engage landlord on use of REGO-backed green energy tariffs.
- Review of suppliers' sustainability credentials and exploration of more readily reusable medical devices as part of procedures
- Encourage green commuting options (Cycle to Work, car share).
- Annual emissions review and reporting – next report due May 2026
- Include procedure-based emissions in future Carbon Reduction Plan updates (from FY2025 reporting year onward).

Declaration and Sign Off

This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance.

Jon Butterworth
CEO



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